

## MISSION OF THE SAU SUMMER SPORT CAMPS

- To provide quality instruction in a positive learning environment that will result in the enhancement of individual and team skills and strategies.
- To provide a positive camp experience for young athletes by encouraging sportsmanship and fair play.

## WHAT TO BRING

### DAY CAMPS

Day campers should bring a lunch, sports equipment and money for drinks and snacks (optional).

### BOARDING CAMPS

Basketball boarding camp check-in is between 3:00 – 5:00 p.m. on the designated day in the Lowell Residence lounge.

Girl's volleyball and basketball boarding camp check-in is between 1:00 – 3:00 p.m. at the SAU Fieldhouse (volleyball campers) or Lowell Hall (girl's basketball). Volleyball campers (including commuters), must attend afternoon and evening sessions on Sunday. **Commuter price includes lunch and dinner.**

Boarding campers should bring sheets, blankets, pillow, fan, alarm clock, swimsuit, towels, wash cloths, toothbrush, deodorant, shampoo, soap, sports footwear; plenty of socks, shorts and T-shirts (\$10-20 of spending money is suggested) A \$20 room key deposit is required on check-in day for all boarding camps.

## DIRECTIONS

The Spring Arbor University campus is located in Spring Arbor, Michigan, on Highway M-60 about seven miles west of Jackson. The University's athletic facilities and Lowell Residence Hall are located one block north of M-60 on the backside of campus.



## BASEBALL CAMP

**Boy's Day Camp / June 20-23**

*Ages 7-12*

## BASKETBALL CAMPS

**Girl's Boarding Camp / June 26-29**

*Grades 4-12*

**Girl's Day Camp / July 5-8**

*Grades K-8*

**Boy's Advanced Boarding Camp / June 19-22**

*Grades 4-12*

**Co-ed Shooting Camp / July 9**

*Grades K-12*

**Co-ed Day Camp / July 11-14**

*Grades K-9*

**Boy's Elite Boarding Camp / July 24-27**

*Grades 7-12*

## SOCCER CAMPS

**Co-ed Day Camp #1 / June 20-24**

*Ages 5-15*

**Co-ed Day Camp #2 / June 27-30**

*Ages 5-12*

**Co-ed Day Camp #3 / July 11-15**

*Ages 5-15*

## TENNIS CAMP

**Boy's Day Camp / June 27-30**

*Ages 5-15*

## VOLLEYBALL CAMPS

**Advanced**

**Girl's Boarding Camp / July 17-20**

*Grades 8-12*

**Girl's Day Camp / July 21-23**

*Grades 5-8*

SPRING ARBOR  
UNIVERSITY

ATHLETICS

106 E. Main St.  
Spring Arbor, MI 49283

REGISTER NOW FOR SUMMER  
SPORTS CAMPS AT SAU!  
SAUCOUGARS.COM



SPRING ARBOR  
UNIVERSITY

ATHLETICS

FOR MORE DETAILS REGARDING INDIVIDUAL  
SPORTS CAMPS & TO REGISTER ONLINE:

[saucougars.com](http://saucougars.com)

## CAMP INFORMATION & REGISTRATION

Camper's Name \_\_\_\_\_

Age \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Business Phone ( \_\_\_\_\_ ) \_\_\_\_\_

Medical Insurance Company \_\_\_\_\_

Medical Insurance Policy Number \_\_\_\_\_

Family Physician's Name \_\_\_\_\_

Family Physician's Phone ( \_\_\_\_\_ ) \_\_\_\_\_

T-Shirt Size (circle) Y-S Y-M A-S A-M A-L A-XL A-XXL

Roommate Preference(s) \_\_\_\_\_

### CAMP(S) MY CHILD WILL BE ATTENDING (please check box)

- |   |            |       |
|---|------------|-------|
| <input type="checkbox"/> Basketball Boarding Camp–Boy's       | June 19-22 | \$250 |
| <input type="checkbox"/> Baseball Day Camp–Boy's              | June 20-23 | \$130 |
| <input type="checkbox"/> Soccer Day Camp #1–Co-ed             | June 20-24 | \$95  |
| <input type="checkbox"/> Basketball Boarding Camp–Girl's      | June 26-29 | \$250 |
| <input type="checkbox"/> Soccer Day Camp #2–Co-ed             | June 27-30 | \$130 |
| <input type="checkbox"/> Tennis Day Camp –Boy's               | June 27-30 | \$95  |
| <input type="checkbox"/> Basketball Day Camp–Girl's           | July 5-8   | \$130 |
| <input type="checkbox"/> Shooting Camp–Co-ed                  | July 9     | \$50  |
| <input type="checkbox"/> Basketball Day Camp–Co-ed            | July 11-14 | \$130 |
| <input type="checkbox"/> Soccer Day Camp #3–Co-ed             | July 11-15 | \$95  |
| <input type="checkbox"/> Volleyball Boarding Camp–Girl's      | July 17-20 | \$250 |
| <input type="checkbox"/> Volleyball Camp–Girl's (commuter)    | July 17-20 | \$175 |
| <input type="checkbox"/> Volleyball Day Camp–Girl's           | July 21-23 | \$95  |
| <input type="checkbox"/> Basketball Boarding Camp–Boy's Elite | July 24-27 | \$250 |

Registration must be accompanied with a **\$50 deposit** to hold a spot in each of the camps for which you are registered.

**Balance is due the day of camp registration.**

TOTAL COST \_\_\_\_\_

AMOUNT INCLUDED \_\_\_\_\_

Please complete this registration and medical release form and include check payable to SPRING ARBOR UNIVERSITY.

MAIL TO:

Cougar Sport Camps • St. 20  
SPRING ARBOR UNIVERSITY  
106 E. Main St.  
Spring Arbor, MI 49283

## MEDICAL RELEASE FORM

### MEDICAL CARE CONSENT & RELEASE

PLEASE READ CAREFULLY AND SIGN BELOW

I certify that my child is in good physical health and has my permission to participate in all the activities associated with the Spring Arbor University Cougar sport camps program.

I authorize the directors of the camp to act in their best judgment in any emergency requiring medical attention. I authorize all medical, surgical, diagnostic and hospital procedures as may be performed or prescribed by a treating physician for my child if I am unable to be reached in an emergency.

I understand that neither Spring Arbor University, the camp directors, nor anyone else connected with the camp assumes any responsibility for accidents (medical or dental) or other injuries incurred as a result of attendance at this camp.

I will furnish insurance for my child.

\_\_\_\_\_  
Child's name (please print)

\_\_\_\_\_  
Parent/legal guardian Date



**FOR MORE DETAILS REGARDING INDIVIDUAL SPORTS CAMPS & TO REGISTER ONLINE:**

[saucougars.com](http://saucougars.com)

## CAMP LINE-UP

### BASEBALL CAMP

Coach Sam Riggelman • Camp Director

#### Boy's Day Camp / June 20-23

Ages 7-12; \$130

**Check-In:** June 20 / 8:30 a.m. / Hank Burbridge Field

**Camp Runs:** 9:00 a.m. – 3:00 p.m. / Mon – Thurs

**Optional swimming:** 3:00 – 4:00 p.m. / Mon – Wed



### BASKETBALL CAMPS

Coach Tara Kreklau • Camp Director

#### Girl's Boarding Camp / June 26-29

Grades 4-12; \$250

**Check-In:** June 26 / 1:00 p.m. / Lowell Hall Lounge

**Check-Out:** June 29 / 5:00 p.m. / Lowell Hall

**Optional swimming:** TBA

(Note: This camp is limited to the first 175 campers)



#### Girl's Day Camp / July 5-8

Grades K-8; \$130

**Check-In:** July 5 / 8:00 a.m. / SAU Fieldhouse

**Camp Runs:** 9:00 a.m. - 3:00 p.m. / Tues – Fri

**Optional swimming:** 3:00 – 4:00 p.m. / Tues – Thurs

Coach Ryan Cottingham • Camp Director

#### Boy's Advanced Boarding Camp / June 19-22

Grades 4-12; \$250

**Check-In:** June 19 / 3:00 – 5:00 p.m. / Lowell Hall Lounge

**Check-Out:** June 23 / 1:00 p.m.

**Optional swimming:** TBA



#### Co-ed Shooting Camp / July 9

Grades K-12; \$50

**Check-In:** July 9 / 9:00 a.m. / SAU Fieldhouse

**Camp Runs:** 9:00 a.m. – 4:00 p.m.

(Bring your own lunch or purchase at Cougar Den).

#### Co-ed Day Camp / July 11-14

Grades K-9; \$130

**Check-In:** July 11 / 8:00 a.m. / SAU Fieldhouse

**Camp Runs:** 9:00 a.m. – 3:00 p.m. / Mon – Thurs

**Optional swimming:** 3:00 – 4:00 p.m. / Mon – Wed

#### Boy's Elite Boarding Camp / July 24-27

Grades 7-12; \$250

**Check-In:** July 24 / 3:00 – 5:00 p.m. / Lowell Hall Lounge

**Check-Out:** July 27 / 1:00 p.m.

## SOCCER CAMPS

Coach Jason Crist • Camp Director

#### Co-ed Day Camp #1 / June 20-24

Ages 5-15; \$95

**Check-In:** June 20 / 8:30 a.m. / SAU practice field

**Camp Runs:** 9:00 a.m. – 1:00 p.m. / Mon – Thurs  
9:00 – 11:30 a.m. / Fri

**Optional Swimming:** Noon – 1:00 p.m. / Mon – Thurs

Coach Eric Rudland • Camp Director

#### Co-ed Day Camp #2 / June 27-30

Ages 5-12; \$130

**Check-In:** June 27 / 8:30 a.m. / SAU practice field

**Camp Runs:** 9:00 a.m. – 3:00 p.m. / Mon – Thurs

**Optional Swimming:** 12:30 – 1:30 p.m. / Mon – Thurs

Coach Jason Crist • Camp Director

#### Co-ed Day Camp #3 / July 11-15

Ages 5-15; \$95

**Check-In:** July 11 / 8:30 a.m. / SAU practice field

**Camp Runs:** 9:00 a.m. – 1:00 p.m. / Mon – Thurs  
9:00 – 11:30 a.m. / Fri

**Optional Swimming:** Noon – 1:00 p.m. / Mon – Thurs

## TENNIS CAMP

Coach Terry Darling • Camp Director

#### Boy's Day Camp / June 27-30

Ages 5-12; \$95

**Check-In:** June 27 / 8:30 a.m. / SAU practice field

**Camp Runs:** 9:00 a.m. – 3:00 p.m. / Mon – Thurs

**Optional Swimming:** 12:30 – 1:30 p.m. / Mon – Wed

## VOLLEYBALL CAMPS

Coach Carol Gates • Camp Director

#### Girl's Advanced Boarding Camp / July 17-20

Grades 8-12; \$250 (commuter \$175)

**Check-In:** July 17 / 1:00 – 3:00 p.m. / SAU Fieldhouse

**Check-Out:** July 20 / 5:00 p.m. / Lowell Hall

(Note: This camp is limited to the first 70 campers)

#### Girl's Day Camp / July 21-23

Grades 5-8; \$95

**Check-In:** July 21 / 8:30 a.m. / SAU Fieldhouse

**Camp Runs:** 9:00 a.m. – 3:30 p.m. / Thurs - Fri  
9:00 a.m. – 12:30 p.m. / Sat

**Optional Swimming:** 3:30 – 4:30 p.m. / Thurs - Fri  
(Note: This camp is limited to the first 60 campers)

